

# THE ANNUNCIATION

## GREEK ORTHODOX CHURCH

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### 5th Sunday of Luke/Joannicius the Great

*Saint Joannicius was born in Bithynia about the year 740. His father was named Myritrikes and his mother Anastaso. When he had reached maturity, he excelled in soldiery and was counted worthy of royal honours for his bravery. He had been brought up an iconoclast, but while yet a soldier, he was converted to Orthodoxy by a certain holy elder. He later forsook all things and departed for Mount Olympus, where he spent the remainder of his life in asceticism. Becoming great in virtue, he reposed in the Lord in the year 834, having lived some ninety-four years. To this Saint is ascribed the brief prayer, "My hope is the Father . . . ."*

**NOVEMBER 4, 2018**

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**Rev. Fr. Joseph Gingrich, Parish Priest**

**Altar Boys** All Available

**Ushers On Duty** 3

**Epistle Reading** Ephesians 2:4-10

**Gospel Reading** Luke 16:19-31

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#### TODAY'S DIVINE LITURGY HYMNS AND SCRIPTURE READINGS:

##### HYMNS AFTER THE SMALL (GOSPEL) ENTRANCE

##### RESURRECTIONAL APOLYTIKION IN THE PLAGAL SECOND MODE

Angelic powers were above Thy tomb, and they that guarded Thee became as dead. And Mary stood by the grave seeking Thine immaculate Body. Thou hast despoiled Hades and wast not tried thereby. Thou didst meet the Virgin and didst grant us life. O Thou Who didst arise from the dead, Lord, glory be to Thee.

Ἀγγελικαὶ Δυνάμεις ἐπὶ τὸ μνήμᾳ σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν, καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν Ἄδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ, ὑπήντησας τῇ Παρθένῳ, δωροῦμενος τὴν ζωὴν, ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

##### APOLYTIKION FOR JOANNICIUS THE GREAT IN THE PLAGAL FOURTH MODE

With the streams of thy tears, thou didst cultivate the barrenness of the desert; and by thy sighings from the depths, thou didst bear fruit a hundredfold in labours; and thou becamest a luminary, shining with miracles upon the world, O Joannicius our righteous Father. Intercede with Christ God that our souls be saved.

Ταῖς τῶν δακρῶν σου ροαῖς, τῆς ερήμου τό ἀγονον εγεώργησας, καὶ τοῖς ἐκ βάθους στεναγμοῖς, εἰς ἑκατόν τούς πόνους ἐκαρποφόρησας, καὶ γέγονας φωστήρ, τῇ οἰκουμένη λάμπων τοῖς θαύμασι, Ἰωαννίκιε Πατήρ ἡμῶν, Ὅσιε, Πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

##### DISMISSAL HYMN FOR THE ANNUNCIATION IN THE FOURTH MODE

Today is the crown of our salvation and the revelation of the Mystery that is from all eternity. The Son of God becomes the Son of the Virgin, and Gabriel announces this grace. Let us join Him and cry out to the Theotokos: Hail, you who are full of grace, the Lord is with you.

Σήμερον τῆς σωτηρίας ἡμῶν τὸ κεφάλαιον καὶ τοῦ ἀπ' αἰῶνας μυστηρίου ἡ φανέρωσις, Ὁ Υἱὸς τοῦ Θεοῦ, Υἱὸς τῆς Παρθένου γίνεται, καὶ Γαβριὴλ τὴν χάριν εὐαγγελίζεται. Διὸ καὶ ἡμεῖς συν αὐτῷ τῇ Θεοτόκῳ βοήσωμεν. Χαιρε, κεχαριτωμένη, ὁ Κύριος μετὰ σου.

##### SEASONAL KONTAKION IN THE SECOND MODE

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee:

Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία πρὸς τὸν Ποιητὴν ἀμετάθετε. Μὴ παρίδης ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἰκεσίαν, ἢ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

### **EPISTLE READING**

**PRIEST:** Let us attend.

**READER:** O Lord, save your people and bless your inheritance. Verse: To you, O Lord, I have cried, O my God.

**PRIEST:** Wisdom

**READER:** The reading is from St. Paul's Letter to the Ephesians 2:4-10.

**PRIEST:** Let us attend.

**READER:** Brethren, <sup>4</sup>God who is rich in mercy, on account of his great love by which he loved us, <sup>5</sup>even when we were dead through our trespasses, made us alive together with Christ. By grace you have been saved! <sup>6</sup>God raised us up with him, and granted us to sit with him in the heavenly places in Christ Jesus, <sup>7</sup>so that in the ages to come, he might show the overflowing treasure of his grace in kindness toward us, in Christ Jesus. <sup>8</sup>Yes, by grace you have been saved through faith, and not by yourselves. It is the gift of God, <sup>9</sup>not of works, so that no one would boast. <sup>10</sup>For we are his workmanship, created in Christ Jesus for good works, which God prepared in advance so that we should walk in them.

### **LUKE 16:19-31**

<sup>19</sup>Now there was a certain rich man who was clothed in purple and fine linen, feasting in luxury every day. <sup>20</sup>A certain beggar named Lazarus was laid at his gate, full of sores, <sup>21</sup>who desired to be fed with the crumbs that fell from the rich man's table. Yes, even dogs came and licked his sores. <sup>22</sup>It happened that the beggar died and that he was carried away by the angels to Abraham's bosom. The rich man also died, and was buried. <sup>23</sup>In hades, he lifted up his eyes, being in torment, and saw Abraham far off, and Lazarus in his bosom. <sup>24</sup>He cried and said, 'Father Abraham, have mercy on me, and send Lazarus, so that he may dip the tip of his finger in water and cool my tongue! For I am in agony in this flame!' <sup>25</sup>But Abraham replied, 'Son, remember that in your lifetime, you received your good things, and Lazarus, in the same way, bad things. But now, he is comforted here and you are in anguish. <sup>26</sup>Besides all this, between us and you a great gulf is fixed, so that those who want to pass from here to you cannot [do so], and that no one may cross over from there to us.' <sup>27</sup>He said, 'I ask you therefore, father, that you would send Lazarus to my father's house; <sup>28</sup>for I have five brothers, that he might bear witness to them, so that they would not also come to this place of torment.' <sup>29</sup>Abraham replied to him, 'They have Moses and the prophets! Let them listen to them!' <sup>30</sup>But he said, 'No, father Abraham, but if one goes to them from the dead, they will repent.' <sup>31</sup>Then Abraham said to him, 'If they do not listen to Moses and the prophets, neither will they be convinced if someone rises from the dead.'"

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## **SCHEDULE FOR SUNDAY, NOVEMBER 4, 2018**

**MATINS AND DIVINE LITURGY**

**8:15 AM**

**YOUTH SUNDAY**

**MEMORIAL TODAY:**

**+Georgia Pappas**

**6 month**

**Fellowship Coffee Hour** is provided by Keith, Maria, Stephanie and Georgia McFarland and Nick, Barbara, Sabina and Sophie Pappas in memory of their mother and Yiayia.

**The Philoptochos Society** In honor of our anniversary, and on behalf of our Annunciation Parish, Philoptochos has made a donation to the Patriarchate. We also lovingly offer today's Artoclasia and remember our deceased Philoptochos members during the Memorial Service.

**EXTEND, O LORD, YOUR MERCY AND PROTECTION UPON YOUR SERVANTS**

Please pray for the health and salvation of your brothers and sisters in Christ during today's Divine Liturgy and throughout the week: *Konstantinos Haritos, Mary Saloom, Mike Mokas, Katherine Xidas, Magdeline Tisinger, Peter Mihalislis, Stephanie Michaelson, Mary Leakas, Maria Polychronis, Alex Gounaris, Athie Zvakos, Stephen Fricioni, John Wagner, Marilyn Lusa, Cynthia Yonts, Margie Polites, Toulia Stamm, Don Hanel, John Moraites, Andy Moulas, Bob Cade and Berdi Kakas*

**MEETING AND EVENT SCHEDULE FOR THE WEEK OF NOVEMBER 5<sup>TH</sup>**

<b>Date</b>	<b>Event</b>	<b>Time</b>	<b>Location</b>
Mon. 5 <sup>th</sup>	Greek School	5:30 PM	Community Center
	Community Sandwich Making	6:30 PM	Community Center
Tue. 6 <sup>th</sup>	Election	6:30 AM	Athenagoras Room
	Adult Catechism Adult	6:30 PM	Library
Wed. 7 <sup>th</sup>	Marian Prayer	3:00 PM	Church
	Choir Practice	6:30 PM	Church
Thur. 8 <sup>th</sup>	<b>Divine Liturgy</b>		
	<b>Synaxis of the Archangels</b>	<b>9:30 AM</b>	<b>Church</b>
	Young at Heart	11:30 AM	Community Center
	DOP/AHEPA Meeting	6:30 PM	Athenagoras Room
Fri. 9 <sup>th</sup>	<b>Divine Liturgy St. Nectarios</b>	<b>9:30 AM</b>	<b>Church</b>
Sat. 10 <sup>th</sup>	DOP District Lodge Visitation	12:00 PM	Community Center

**FROM FATHER JOSEPH**

**-Sunday Divine Liturgy.** The only people who should be in the community center during Sunday Divine Liturgy are those setting up for coffee hour. All others are expected to be worshipping the Father, Son, and Holy Spirit in the church. Fellowship and socializing is appropriate after Divine Liturgy.

**-Adult Catechism Class.** Adult Catechism Classes will be on Tuesday's at 6:30 PM on the following dates: Nov. 6, Nov. 13, Nov. 20, Nov. 27, Dec. 4, Dec. 11, Dec. 18. The books being used will be the four-volume *The Orthodox Faith* by Fr. Thomas Hopko and can be ordered through St. Vladimir's Seminary Press. All classes will cover new material as we will begin where we ended in the text. For the Nov. 6 class please read pages 72 to 100 from Volume 2.

**-Divine Liturgy for St. Chrysostom CANCELLED.** The Divine Liturgy for the feast of St. Chrysostom must be cancelled due to a mandatory Clergy Syndesmos meeting at the Metropolis of Detroit on Tuesday November, 13.

**-In Need.** If you are a parishioner in need there are limited funds available through AHEPA. All requests to Fr. Joseph will be kept in strict confidence.

**-Holy Land Trip.** I'm considering planning a trip to the Holy Land June 15 to June 25, 2020. The cost with airfare, hotels, and two meals a day would be around \$3,500 a person. I'm in the process of calling travel companies that have come recommended to me by other priests. If interested, please come and see me. In order to make this work we would need at least 24 people.

**-March for Life.** Those interested in attending the March for Life January 17 and 18 in Washington D.C. should contact Tom Federle at: [tfederle@siebenthaler.com](mailto:tfederle@siebenthaler.com)

## **ANNOUNCEMENTS**

### **STEWARDSHIP**

Please be on the lookout for the 2019 Stewardship materials which were mailed this past week. Stewardship Sunday is November 18th. Please consider increasing your financial offering to your parish in the coming year. Join fellow parishioners as they present their offering on Stewardship Sunday November 18th.

### **FEATHER PARTY – SAVE THE DATE SUNDAY, NOVEMBER 11, 2018**

The Parish Council is pleased to announce that we will re-start the Feather Party, and will host it on Sunday, Nov 11th starting at 5:00 PM. This year's event promises to be another fun-filled event not only for our parish family but the community. If you are interested in supporting the event through a donation of a prize or other monetary contributions, any donations large and small will be greatly appreciated. Please contact Evan Bambakidis or Sandy Angelopoulos if you'd like to do so. Thank you and look forward to seeing you on the 11th

### **AIF COMMITTEE MEMBER APPOINTMENT FOR 2019-2023**

The Parish Council is now accepting resumes to fill the 2019-2023 AIF committee member position. The AIF committee members are appointed by the Parish Council. Each year a new member is appointed and serves a five-year term. Interested candidates should email a resume/questions to: Maria Abboud at [mmabboud13@gmail.com](mailto:mmabboud13@gmail.com) or Fr. Joseph at [Frjosephgingrich@gmail.com](mailto:Frjosephgingrich@gmail.com) no later than December 1, 2018.

### **COMMUNITY CARE MINISTRY**

The CCM for November is Hats & Mittens for Edison School. We will be collecting hats, gloves, mittens and scarves for students at Edison School. Chairpersons are Katina Tsatalis and Nadine Shamma.

### **PHILOPTOCHOS CHRISTMAS LUNCHEON**

Celebrate St. Nicholas at the Divine Liturgy on Thursday, December 6, followed by our Christmas Luncheon at Moraine Country Club. Remember to bring pajamas and books for the children at Schneider House of Hope, Homeless Center. Your \$22 check to "Philoptochos" is your Reservation. Reservations Chairs are Mary Caudell and Liz Limber

### **DAUGHTERS OF PENELOPE IN PARTNERSHIP WITH BOOSALIS BAKING AND CAFÉ**

It is that time of year to start planning for your Christmas meal. The Daughter's of Penelope, along with Boosalis Baking are teaming up again to offer Tsourekia to make your Christmas table complete. We will be accepting orders now through Monday December 10. The bread will be ready for pick up at the Community Center Saturday December 15 and Sunday December 16 from 11:00 am-1:00 pm. Please contact Melissa DeBernardi-Smith at 412-512-5242 or email [myguiness14@hotmail.com](mailto:myguiness14@hotmail.com) to place your order.

### **FESTIVAL APRONS**

We have six Anniversary Festival aprons left. They are \$20 each and if you are interested in purchasing one, please contact Cindy Keilholz, 937-974-8841 or [cinlamkeil@gmail.com](mailto:cinlamkeil@gmail.com)

### **HONORING OUR VETERANS**

Please remember if you are a Veteran, Active Military or Civil Servant, please stop in the Narthex this Sunday before going into Church and let the usher team know that so we can honor you for your service. Our usher team will be presenting all of you with a cross/pin ribbon. Thank you for your service.

### **COMMUNITY SANDWICH MAKING**

Community sandwich making 6:30 p.m. Monday, November 5<sup>th</sup> in the Community Center everyone is welcome to participate.

### **YOUNG AT HEART**

We hope to see everyone at our Thanksgiving dinner sponsored by Michael Jannides from The Spot on Thursday, November 8, 2018 at 11:30 AM. Let's get together and be thankful for all we have.

**WORLD COMMUNITY DAY - SAVE THE DATE SATURDAY, NOVEMBER 17, 2018**

Philoptochos is a member of CWU (Church Women United) in Greater Dayton. CWU purpose is to encourage church women to come together in a visible fellowship to witness to their faith in Jesus Christ. On November 17, 2018, Philoptochos will be hosting CWU World Community Day, at 1 PM in the Community center. The theme is: Reaching for Wholeness in Harmony with God's People. (Reservation are not needed). For more information, our website is [www.cwudayton.org](http://www.cwudayton.org). Key woman for Philoptochos is Theona Russell. CWU membership is \$5.00 for the year. You will also receive CWU Newsletter that is published quarterly.

**COMMUNITY PARISH EVENT - SAVE THE DATE SUNDAY, NOVEMBER 25, 2018**

**AHEPA - INVITES EVERYONE TO A FREE LUNCHEON AND PRESENTATION**

**DATE:** Sunday, November 25<sup>th</sup> after Divine Liturgy

**TOPIC:** Defending Our Arteries, Protecting Our Lives, and Preserving Our Happiness in The Era of Obesity and Diabetes

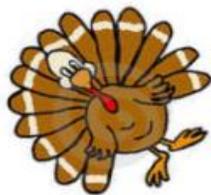
**PRESENTED BY:** Best Selling Author Anthony Pothoulakis, M.D.

**SAVE THE DATE - DECEMBER 2, 2018 FRAUD AWARENESS PRESENTATION**

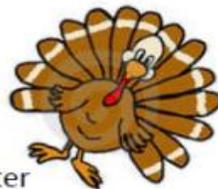
Investigators from the Montgomery County Prosecutor's Office will present a fraud awareness presentation. Topics will include fraud case examples worked by their office, prevention methods and in the case of victimization; what steps you can take to help report/recover from being a victim. They will explore cases involving identity theft, grandparent schemes, telemarketer schemes, internet fraud, power of attorney theft, contractor fraud and others.

Please join us for this very informative program on **Sunday, December 2, 2018** after church. A light lunch will be provided.

The program is sponsored by the Annunciation Investment Fund. If you have any questions, please contact Tina Haubrock at 885-9410.



## **Feather Party**



Church Memorial Center  
(Dayton – Annunciation Greek Church)  
Sunday, November 11 at 5:00 pm SHARP!

### **PRIZES**



A fun filled, casual night for all

### **Church Fundraiser**



Free Admission – As little as \$5.00  
to play most of the evening

### **Fellowship**



Pizza/Baked Goods/ Pop  
Available for purchase

### **Family Fun**



Prizes given throughout the night to  
game winners...including:

- Turkeys and Hams
- Pies from THE SPOT
- Wine from THE MARKET
- Gift Certificates to many  
wonderful restaurants, shops
- Other Prizes include:  
Large Screen TV, Electronic  
Tablet and many more





# GAPABAKE & CRAFT SALE



Sunday, November 18  
After Church

Please join us for our annual Bake and Craft Sale after Church on November 18. Pastries, and all kinds of other goodies plus craft items will be available for sale just in time for Thanksgiving and your holiday shopping.



Monies raised by GAPAWomen are used to support church needs.

If you would like to donate to help support this event, please contact Linda Kididis at 836-1526/ or email at [llk1962@outlook.com](mailto:llk1962@outlook.com)



# Are you confident you (and your loved ones) are protected from Identity Theft?

Join us for this informative presentation as we learn helpful hints to help protect ourselves.



Did you know that in 2017, 1 in 15 people became victims of identity fraud.

## Fighting Fraud with the Montgomery County Investigators

**Sunday, December 2<sup>nd</sup>** – Immediately following liturgy

*A light lunch will be provided*

### Topics will include:

- Fraud awareness
- Prevention methods in the case of victimization
- Steps you can take to help report/recover from being a victim
- Time for questions
- Exploration of cases involving:
  - Telemarketer schemes
  - Internet fraud
  - Grandparent schemes
  - Power of attorney theft
  - Contractor fraud
  - And others

Don't miss this opportunity to change your odds in the identity theft statistics, for you and your loved ones!

This free program is offered to our community by  
**Annunciation Investment Fund**

If you have any questions, please contact Tina Haubrock 885-9410



**Daughters of Penelope  
Christmas Tsoureki**

*In partnership with Boosalis Baking and Cafe*

**\$6.00 EACH (1 lb. loaf)**

**Deadline for orders: Monday, December 10th**

**Orders may be picked up at the:**

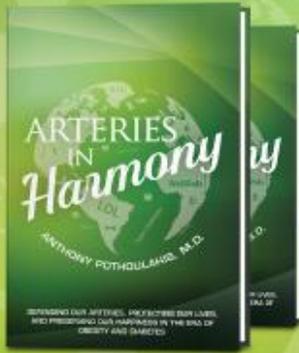
**Annunciation Greek Orthodox Church  
Community Center, Saturday & Sunday**

**Saturday December 15<sup>th</sup> or Sunday December 16<sup>th</sup> from 11a.m. – 1p.m.**

**To place an order, please contact:**

**Melissa DeBernardi-Smith by phone (412)512-5242**

**Or e-mail: [myguiness14@hotmail.com](mailto:myguiness14@hotmail.com)**



# ARTERIES IN *Harmony*

DEFENDING OUR ARTERIES, PROTECTING OUR LIVES, AND PRESERVING OUR HAPPINESS IN THE ERA OF OBESITY AND DIABETES

The obesity-diabetes-artery disease epidemic concerns all of us. More than 80 percent of American adults are suffering from one or more of these conditions, and only about 3 percent of us have both a perfect weight and lifestyle; the rest of us need help. In spite of intense efforts, the epidemic continues to spread at an alarming pace, not only in the US but globally as well. The health and economic effects of the epidemic are a serious burden to society, while it is the social institutions of the workplace and school that set us up to develop these conditions. *Arteries in Harmony* will educate you about the concepts of belly fat, insulin, and fatty liver, as well as; help you understand the dangers of prolonged sitting and added sugars. In addition it will help you take preventative measures to combat high blood pressure, diabetes, heart attacks, and strokes.

#### ***Arteries in Harmony* will explain in detail:**

- What you can do (by yourself and working with your doctor, dietitian, or personal trainer) to improve your metabolism, treat your arteries kindly, and protect your health and the health of your loved ones.
- What are the social and economic effects of the epidemic?
- How the entire community must change to establish healthier workplaces, schools, and a healthier overall social environment in order to collaborate and eventually defeat this epidemic.

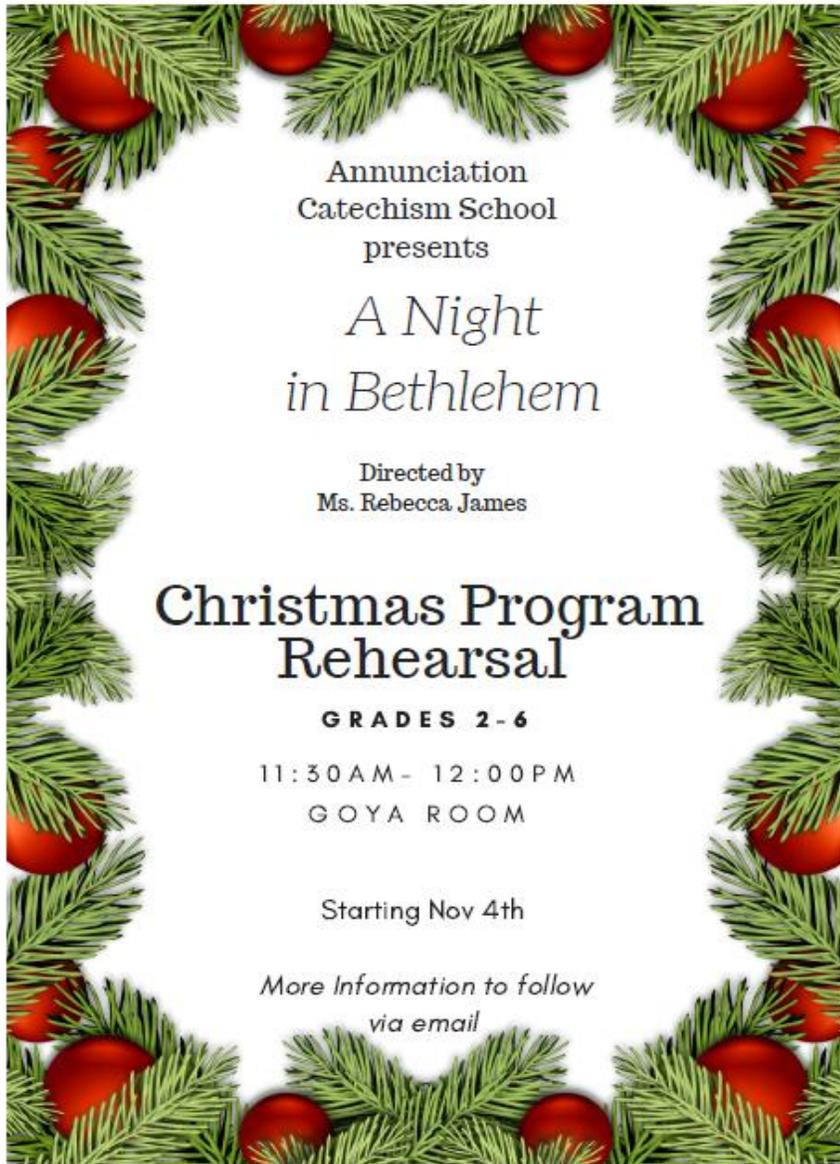
## ANTHONY POTHOUKAKIS, M.D.

Born in Crete, Greece, in 1960 Dr Anthony Pothoulakis studied medicine, mathematics, and philosophy. He worked as a physician in England, the US, and Greece. He completed his residency in internal medicine in Dayton, Ohio and a fellowship in cardiology in Toledo, Ohio. He has practiced as an interventional cardiologist, as an internist, and as an emergency room physician. He collaborated with Mr. Demosthenous to write *Abd obesity*, his first book on prevention. He now practices as a clinical cardiologist in Atlanta, Georgia, where he lives with his wife and son. His other interests include music (Anthony holds a degree in theory and harmony) and tennis.



Anthony@ArteriesInHarmony.com  
www.ArteriesInHarmony.com





### ***Community Christmas Card and Poinsettias***

The parish is preparing a Community Christmas Greeting Card to offer you the opportunity to share your wishes for a spiritually rewarding Christmas season and a blessed New Year with your church friends and members. We invite every family to participate and have your name included in this year's Community Christmas Card. A minimum donation of Twenty dollars (\$20) is required to include your name on this attractive card.

Also, many of you look forward to donating poinsettia plants for our church during the Christmas/New Year Season. The cost is \$20.00. Please fill out the form below and return to the office by **Sun. Nov. 25, 2018.** Forms are also available on the information table in the Community Center Hallway and a form is included in the November issue of the True Vine.

\_\_\_\_\_ Christmas Card (\$20)

\_\_\_\_\_ Poinsettia (\$20 per plant)

Please list my/our family on the Christmas card as follows:

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THIRD ANNUAL ANNUNCIATION COMMUNITY FAMILY EVENT



## LIVE GREEK MUSIC BY ΣΤΙΓΜΑ

FEATURING : DINO MANTIS (απο Καρδίτσα)  
ALONG WITH A MIX OF AMERICAN HITS

THE ANNUNCIATION GREEK ORTHODOX CHURCH HALL  
500 BELMONTE PARK NORTH : DAYTON, OH 45405

### ALL INCLUSIVE PACKAGE (OPEN BAR)

APPETIZERS, DINNER, GREEK DESSERTS, ALL LIQUOR & WINE

\$75 : PER PERSON	COCKTAILS : 6 - 8 pm
\$30 : DANCE ONLY	DINNER : 7 - 9 pm
CHILDREN 12 & UNDER FREE	DANCE : 9 - 12 am



NO DINNER TICKETS WILL BE SOLD AT THE DOOR

CIGAR & SCOTCH BAR AVAILABLE  
SEMI - FORMAL ATTIRE

FOR MORE INFORMATION CONTACT: NICK ZOIS (937) 838-1411  
WWW.DAYTONAHEPA.COM : WWW.FACEBOOK.COM / DAYTONAHEPA

## WELCOME TO OUR VISITORS!

If you are visiting our Parish, please fill out the "Visitor Information Card," located in the Narthex, and hand it to one of the Welcome Committee greeters. You are welcome to come forward to receive a piece of "antidoron" (blessed bread) at the conclusion of the service and join us in the Memorial Center for our Fellowship Hour following the Divine Liturgy.

If you are a "newcomer" to our Parish, please introduce yourself to our priest. He would be most happy to schedule a time to meet with you and discuss the ministries and fellowship opportunities available within our Parish.

## GUIDELINES FOR RECEIVING HOLY COMMUNION

### For Orthodox Christians

When preparing to receive Holy Communion, please remain quietly in your pews until an Usher/ Parish Council Member directs you to approach from the center aisle. Your prayerful attention helps sustain the solemnity of the

Divine Liturgy for those praying the "Prayers of Preparation" and following Holy Communion the "Prayers of Thanksgiving."

Please allow the acolyte to place the Holy Communion Cloth beneath your chin. This ensures that no particle of the Eucharist falls from your lips. Recite your baptismal name aloud; open your mouth wide; and close your mouth as the Communion Spoon enters your mouth. After receiving Holy Communion, blot your lips on the cloth and return to your pew by the side aisles.

You will find an acolyte offering you a bowl of antidoron from which you should take a single piece to ensure you consume all traces of Holy Communion.

### **For Non-Orthodox Christians**

We welcome to our worship those Christians not fully united with us (canonically).

It is a consequence of the sad divisions of Christianity that we cannot extend a general invitation to receive Holy Communion. Orthodox Christians believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist and for which we must all pray.